

# TENNESSEE STATE BOARD OF EDUCATION

## SCHOOL COUNSELING MODEL & STANDARDS POLICY

**5.103**

College and Career Readiness: Standards guiding school counseling programs to help students understand the connection between school and the world of work and to plan for and make a successful transition from school to postsecondary education and the work force.

### Academic Standards

*Standards guiding school counseling programs to implement strategies and activities to support and maximize each student's ability to learn.*

<b>Academic Standards</b>	<b>K-2</b>	<b>3-5</b>	<b>6-8</b>	<b>9-12</b>
<b>Attitudes:</b>				
AA1. <i>Improve academic self-concept</i>	✓	✓	✓	✓
AA2. <i>Display positive attitude toward work and learning</i>	✓	✓	✓	✓
AA3. <i>Develop high expectations for achievement</i>	✓	✓	✓	✓
AA4. <i>Apply self-motivation and self-direction to learning</i>	✓	✓	✓	✓
AA5. <i>Model a sense of belonging in the school environment</i>	✓	✓	✓	✓
AA6. <i>Build aspirations for postsecondary education and training</i>	✓	✓	✓	✓
<b>Knowledge:</b>				
AK1. <i>Specify high school graduation requirements, including pathway of study</i>			✓	✓
AK2. <i>Describe the benefits of education for career, life management, and personal and professional satisfaction</i>	✓	✓	✓	✓
AK3. <i>Articulate belief that postsecondary education and life-long learning are necessary for long-term career success</i>	✓	✓	✓	✓
<b>Skills:</b>				
AS1. <i>Use test-taking, time management, organizational, and study skills to improve academic achievement</i>	✓	✓	✓	✓
AS2. <i>Work independently</i>	✓	✓	✓	✓
AS3. <i>Develop and practice effective technology skills</i>	✓	✓	✓	✓
AS4. <i>Utilize resources to overcome barriers to learning</i>	✓	✓	✓	✓
AS5. <i>Exhibit creativity</i>	✓	✓	✓	✓
AS6. <i>Set, evaluate progress toward, and achieve long and short term goals</i>	✓	✓	✓	✓
AS7. <i>Demonstrate critical thinking and decision making skills to make informed decisions</i>	✓	✓	✓	✓
<b>Experiences:</b>				
AE1. <i>Experience academic growth and success</i>	✓	✓	✓	✓
AE2. <i>Engage and persevere in challenging coursework</i>		✓	✓	✓
AE3. <i>Create a secondary educational plan that includes transition to postsecondary education and the workforce</i>			✓	✓
AE4. <i>Participate in enrichment or extracurricular activities</i>			✓	✓

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### Social and Emotional Development Standards

Standards guiding school counseling programs to help students manage emotions and learn and apply interpersonal skills.

<b>Social and Emotional Standards</b>	<b>K-2</b>	<b>3-5</b>	<b>6-8</b>	<b>9-12</b>
<b>Attitudes:</b>				
SA1. Develop positive attitudes toward self as a unique and worthy person	✓	✓	✓	✓
SA2. Develop positive attitudes toward others as unique and worthy people	✓	✓	✓	✓
SA3. Respect diversity in culture, perspectives, values, and experiences	✓	✓	✓	✓
SA4. Recognize each person is a part of a diverse local and global community	✓	✓	✓	✓
<b>Knowledge:</b>				
SK1. Develop and articulate personal values, attitudes, and beliefs		✓	✓	✓
SK2. Compare and contrast healthy and unhealthy behaviors	✓	✓	✓	✓
SK3. Distinguish appropriate behaviors for a variety of settings and situations	✓	✓	✓	✓
<b>Skills:</b>				
SS1. Make ethical decisions and practice social responsibility		✓	✓	✓
SS2. Advocate for self in multiple settings using assertiveness skills	✓	✓	✓	✓
SS3. Demonstrate empathy toward others	✓	✓	✓	✓
SS4. Effectively collaborate with others, cooperate with diverse perspectives, and communicate effectively in a variety of situations	✓	✓	✓	✓
SS5. Exercise personal safety skills, including refusal skills	✓	✓	✓	✓
SS6. Assume responsibility for choices and consequences	✓	✓	✓	✓
SS7. Positively manage behavior and choices by applying self-discipline and self-control	✓	✓	✓	✓
SS8. Persevere through challenges to achieve goals	✓	✓	✓	✓
SS9. Select and utilize appropriate coping skills in the face of a specific challenge	✓	✓	✓	✓
SS10. Appropriately utilize social media to enhance learning, develop positive relationships, communicate, and engage in age appropriate entertainment		✓	✓	✓
<b>Experiences:</b>				
SE1. Participate in service projects, service learning, and/or philanthropic activities	✓	✓	✓	✓
SE2. Work effectively in diverse groups by developing and employing leadership and teamwork skills	✓	✓	✓	✓
SE3. Explore cultural, ethnic, philosophical, or demographical differences in a safe, positive, and nurturing environment	✓	✓	✓	✓
SE4. Create and sustain positive, supportive, and appropriate relationships with peers and adults that support success	✓	✓	✓	✓

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### College and Career Readiness Standards

*Standards guiding school counseling programs to help students understand the connection between school and work as well as plan for and make a successful transition to postsecondary education, training, or the workforce.*

<b>College and Career Readiness Standards</b>	<b>K-2</b>	<b>3-5</b>	<b>6-8</b>	<b>9-12</b>
<b>Attitudes:</b>				
CA1. Develop and articulate postsecondary education and career aspirations	✓	✓	✓	✓
CA2. Articulate that career development occurs across the lifespan	✓	✓	✓	✓
CA3. Reflect on progress toward goals, display a growth mindset, and accept feedback to improve knowledge, skills, and abilities in order to meet goals	✓	✓	✓	✓
<b>Knowledge:</b>				
CK1. Research and appraise characteristics of a variety of traditional and nontraditional occupations	✓	✓	✓	✓
CK2. Articulate how personal abilities, skills, interests, and motivations influence values, choices, and plans	✓	✓	✓	✓
CK3. Articulate the importance of responsibility, dependability, punctuality, integrity, and effort in the workplace	✓	✓	✓	✓
CK4. Research and summarize the education and training needed to achieve specified career goals		✓	✓	✓
CK5. Examine and utilize resources for college affordability planning			✓	✓
CK6. Research, select, and participate in postsecondary admissions and scholarship applications processes				✓
<b>Skills:</b>				
CS1. Develop skills to locate, evaluate and interpret career information	✓	✓	✓	✓
CS2. Balance school, home, and community activities effectively			✓	✓
CS3. Utilize internal and external resources to manage transitions and adapt to changing situations/responsibilities	✓	✓	✓	✓
CS4. Communicate effectively using oral, written, and listening communications skills	✓	✓	✓	✓
CS5. Set clear, ambitious, and obtainable postsecondary goals			✓	✓
<b>Experiences:</b>				
CE1. Participate in career and postsecondary institution exploration activities	✓	✓	✓	✓
CE2. Assess and modify educational plan to support changes in educational and career goals			✓	✓
CE3. Pursue and develop competency in areas of career interest				✓
CE4. Participate in college and career assessments	✓	✓	✓	✓
CE5. Complete the FAFSA				✓
CE6. Submit at least one postsecondary education, training, or workplace application; participate in TNPromise program, if applicable				✓